

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">1</p> <p>8:45-9:45 Tai Chi 9-Pool Cues 10-11:30 Low Vision Group 10 Beginner French 10 Line Dance (pre-register) 11:45- Lunch - Roast Turkey Chicken Pattie 12:45-1:45 Beyond Balance (pre-reg) 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p style="text-align: right;">2</p> <p>9-10- Aerobics 9-4 SHINE Appts. 9-10- Beginning Spanish (suspended) 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish (suspended) 11:45- Lunch GreekChicken Chef Salad 1 Bingo 1:30 Swing Band</p>	<p style="text-align: right;">3</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- Pier 17 Fish Tuna Sandwich Vic King- piano 1 Movie -"Fame" 1-2 Tap-ercise 1 Duplicate Bridge</p>	<p style="text-align: right;">4</p> <p>8:55-9:55 Line Dance (pre-register) 10- Knitting 10:05- Current Events/ Speakers 10-30- Mandarin Chinese 11:45-12:45 Tai-Chi 11:45- Lunch – Beef Stew Turkey/ Swiss Plate 12:30- Ceramics (pre-reg) 1- Yoga (chairs) 1-Thursdays Games 1:30 - French Salon 2-Yoga (mats)</p>	<p style="text-align: right;">5</p> <p>9-12- Health Clinic 9-10 Aerobics 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance (pre-reg) 11:45- Lunch- Macaroni/ Cheese Seafood Salad Harold Kaswell- piano 12- Chess Nuts 12-2 Legal Appointments 1-3:30 Drop-in Computer Help 1 Chinese Painting.- pre-reg 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1- FABB Center pre-reg. Wii</p>
<p style="text-align: right;">8</p> <p>8:45-9:45 Tai Chi 9-Pool Cues 10 Beginner French 10 Line Dance (pre-register) 10:30 The Doctor Is In 11:45- Lunch - Chicken Paprika Tuna Salad 12:45-1:45 Beyond Balance (pre-reg) 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p style="text-align: right;">9</p> <p>9-10- Aerobics 9-4 SHINE Appts. 9-10- Beginning Spanish (suspended) 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish (suspended) 11:45- Lunch American Chop Suey Deli Corned Beef/ Swiss 1 Bingo 1:30 Swing Band</p>	<p style="text-align: right;">10</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- Ham/Pasta Bake Roast Beef/ Provolone Plate Vic King- piano 1 Movie -"The Theory of Everything" 1-2 Tap-ercise 1 Duplicate Bridge 2- SKYPE Program</p>	<p style="text-align: right;">11</p> <p>8:55-9:55 Line Dance II (pre-register) 10- Knitting 10:05- Current Events/ Speakers 10:30- Mandarin Chinese 11:45-12:45 Tai-Chi 11:45- Lunch – Meatloaf Turkey/ Cheese Plate Dialogue w/ Director 12:30- Ceramics (pre-reg) 1- Yoga (chairs) 1-Thursdays Games 1:30 - French Salon 2-Yoga (mats)</p>	<p style="text-align: right;">12</p> <p>9-12- Health Clinic 9-10 Aerobics 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance (pre-reg) 11:45- Lunch- Baked Haddock Egg Salad Plate Vic King- piano 12- Chess Nuts 1-3:30 Drop-in Computer Help 1 Chinese Painting.- pre-reg 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center-pre-reg. Wii</p>
<p style="text-align: right;">15</p> <p>8:45-9:45 Tai Chi 9-Pool Cues 10 Beginner French 10 Line Dance (pre-register) 11:45- Lunch - Pot Roast Chicken Pattie 12:45-1:45 Beyond Balance (pre-reg) 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p style="text-align: right;">16</p> <p>9-10- Aerobics 9-4 SHINE Appts. 9-10- Beginning Spanish (suspended) 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish (suspended) 11:45- Lunch Creamy Italian Chicken Peppercorn Turkey/ Mozzarella Plate 1-Bingo 1:30 Swing Band</p>	<p style="text-align: right;">17</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- <i>SPECIAL</i> Corned Beef Stew St. Paddy's Day Celebration 1 Movie- "Alex & Emma" 1-2 Tap-ercise 1- Duplicate Bridge</p>	<p style="text-align: right;">18</p> <p>8:55-9:55 Line Dance (pre-register) 10- Knitting 10:05- Current Events/Speaker 10:30- Mandarin Chinese 11-1 Reminiscence Group 11:45- Lunch – <i>Baked Haddock</i> <i>Roast Beef/Cheddar Plate</i> 11:45-12:45 Tai-Chi 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursdays Games 1:30 - French Salon 2-Yoga (mats)</p>	<p style="text-align: right;">19</p> <p>9-12- Health Clinic 9-10 Aerobics 9-12:30 Pool Cues 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance (pre-reg) 11:45- Lunch- Cheese Lasagna Tuna Salad Plate Harold Kaswell -Piano 12- Chess Nuts 1-3:30 Drop-in Computer Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center pre-reg Wii</p>
<p style="text-align: right;">22</p> <p>8:45-9:45 Tai Chi 9-Pool Cues 10 Beginner French 10 Line Dance (pre-register) 11:45- Lunch - Hawaiian Chicken Roast Beef/ Swiss Plate 12:45-1:45 Beyond Balance (pre-reg) 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p style="text-align: right;">23</p> <p>9-10- Aerobics 9-4 SHINE Appts. 9-10- Beginning Spanish (suspended) 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish (suspended) 11:45- Lunch Hot Dog Tuna Salad re-scheduled concert "Suzuki School" 1-Bingo 1:30 Swing Band</p>	<p style="text-align: right;">24</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- Beef Stir Fry Turkey/ American Cheese Vic King- piano 1 Movie-"Extraordinary Measures" 1-2 Tap-ercise (canceled) 1- Duplicate Bridge</p>	<p style="text-align: right;">25</p> <p>8:55-9:55 Line Dance II (pre-register) 10 Knitting 10:05- Current Events/Speaker Special film "Young at Heart" 10:30- Mandarin Chinese 11-1 Reminiscence Group 11:45- Lunch – Meatball Sub Chicken Salad <i>Newton Women Who Made History Talk</i> 11:45-12:45 Tai-Chi 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursdays Games 1:30 - French Salon 2-Yoga (mats)</p>	<p style="text-align: right;">26</p> <p>9-12- Health Clinic 9-10 Aerobics 9-12:30 Pool Cues 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance (pre-reg) 11:45- Lunch- Haddock/ Creamy Red Pepper Sauce Egg Salad Vic King- piano 12- Chess Nuts 1-3:30 Drop-in Computer Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center pre-reg Wii</p>
<p style="text-align: right;">29</p> <p>8:30-9 Meet w/ Alderman Stephen Linsky 8:45-9:45 Tai Chi 9-Pool Cues 10 Beginner French 10 Line Dance (pre-register) 11:45- Lunch - Roast Pork Roast Beef,&Roast Turkey, Swiss 12:45-1:45 Beyond Balance (pre-reg) <i>canceled</i> 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p> <p style="text-align: center;"><i>First Passover Seder at Sundown</i></p>	<p style="text-align: right;">30</p> <p>9-10- Aerobics 9-10- Beginning Spanish (suspended) 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish (suspended) 11:45- Lunch Salisbury Steak Seafood Salad 1-Bingo 1:30 Swing Band</p> <p style="text-align: center;"><i>Second Passover Seder at Sundown</i></p>	<p style="text-align: right;">31</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- Turkey/ Broccoli/ Panne Cold BBQ Chicken Sandwich 1 Movie-"The Book of Eli" 1-2 Tap-ercise 1- Duplicate Bridge 1- SHINE</p>	<div style="border: 3px double black; padding: 10px;"> <p>Volunteer Computer Teachers Needed</p> <p>Call Joanne at 617-796-1670</p> </div>	